

State University of New York College at Buffalo - Buffalo State College

Digital Commons at Buffalo State

Frances Nash Materials

Rev. J.E. Nash Collection

1962

Nash, Mrs. Frances J.; Scientific Living; 1962

Frances J. Nash

Follow this and additional works at: <https://digitalcommons.buffalostate.edu/nash-frances>



Part of the [History Commons](#), and the [Religion Commons](#)

Recommended Citation

"Nash, Mrs. Frances J.; Scientific Living; 1962." Frances Nash Materials. Monroe Fordham Regional History Center, Archives & Special Collections Department, E. H. Butler Library, SUNY Buffalo State. <https://digitalcommons.buffalostate.edu/nash-frances/12>

This Article is brought to you for free and open access by the Rev. J.E. Nash Collection at Digital Commons at Buffalo State. It has been accepted for inclusion in Frances Nash Materials by an authorized administrator of Digital Commons at Buffalo State. For more information, please contact digitalcommons@buffalostate.edu.

Nash, Frances - Scientific Living Inc.

EL RANCHO ADOLPHUS Home of SCIENTIFIC LIVING INC., P.O. Box 910, Scranton, Pa.

Name.....

Address.....

WEEKLY RATES

American Plan, Including Meals

Room and Bath.....	\$95.00 per person	<input type="checkbox"/>
Two People (same room).....	85.00 per person	<input type="checkbox"/>
Room—connecting bath.....	85.00 per person	<input type="checkbox"/>
Two People (same room).....	75.00 per person	<input type="checkbox"/>
Room near bath.....	65.00 per person	<input type="checkbox"/>
Two People (same room).....	55.00 per person	<input type="checkbox"/>

All rooms near bath

Children over 5 years of age, same rate as adults
Children under 5 years, half adult rate

Dates of Reservation.....

Number of Weeks.....

Deposit required—\$25.00 per week.

Guests not accepted for less than one week.

Rates subject to change without notice.

Please check accommodation desired and fill in reservation blank.

Reservations: Please make your reservations immediately as many people are disappointed every year because they wait until almost the last moment to write for their reservations.



El Rancho Adolphus
HOME OF
SCIENTIFIC LIVING INC.

HOHENSEE PARK, PA.
P. O. BOX 910, SCRANTON, PA.
Telephone—Chapman Lake, Clearbrook 4-9414

June 8, 1962

Frances J. Nash
36 Nash Street
Buffalo 4, N. Y.

Dear Mr. Nash:

You'll remember that ADOLPHUS HOHENSEE recently sent a letter of great importance pertaining to your TENDERIZER account.

I am writing now as I feel you would want us again to call this once in a life time opportunity to your attention.

At the time you started paying on your TENDERIZER account, you undoubtedly had a definite goal in mind, to have and enjoy the ultimate in health cook ware.

You also probably had every intention of attaining this goal by making your regular monthly payments. However, we all sometimes falter in our objectives.

That is why ADOLPHUS HOHENSEE has made this special offer possible. It is his way of helping you achieve this goal.

The goal was a good one to begin with--why not carry through by returning the special gift certificate with your check or money order in the sum of \$30.00. We will immediately send to you your FREE Blendor. A self addressed envelope is enclosed for your convenience.

Cordially yours,

John J. Kozik
John J. Kozik
Sect'y

The Life Span

SCRANTON, PA.

SPRING 1962

Published at
El Rancho Adolphus
Home of
SCIENTIFIC LIVING INC.
Hohensee Park, Pa.
Mailing Address
P.O. Box 910, Scranton, Pa.

SPECIAL VICTORY ISSUE

HOHENSEE PARK, PA.

- ★ HEARST NEWSPAPERS PAY OFF
- ★ GIGANTIC BOOK SALE
- ★ ORGANIC ESTATES NOW AVAILABLE
- ★ NEW LESSONS
- ★ STAFF OF DEATH
- ★ FUNDAMENTALS OF FUNDAMENTALS
- ★ HOW TO LIVE LONGER

THE TIDE HAS TURNED — HEARST NEWSPAPER PAYS OFF

In 1956, the Medical and Drug Trusts, together with their hatchet-men brought tremendous pressure to bear on the PITTSBURGH SUN-TELEGRAPH (A HEARST PUBLICATION), with the result that this scandal sheet published a libelous, untrue article against ADOLPHUS HOHENSEE, while he was lecturing in that city. This was another effort on the part of the Trust to eliminate ADOLPHUS HOHENSEE from the lecture platform so they could carry on their crimes against a sick and suffering world. For the past thirty years these unscrupulous churls have done everything that evil minds could conceive to eliminate this great humanitarian.

ADOLPHUS HOHENSEE finally sued the Pittsburgh Sun-Telegraph, pro se (personally). For months ADOLPHUS HOHENSEE had tried to find one attorney to file suit, but not one would dare to take any action against this powerful combine of conspirators. After six years of legal gymnastics, —the SUN-TELEGRAPH with the largest barrage of expensive lawyers that Hearst money could buy—and ADOLPHUS HOHENSEE trying his own case, most of the time, we are happy to advise you that truth has finally prevailed and justice triumphed.

We are advised that when it was evident that ADOLPHUS HOHENSEE was going to win the case, the Hearst Publications saw fit to "sell" (unwillingly unload) the Pittsburgh Sun-Telegraph before the case was settled, lest it cast messy reflections on other unworthy, biased Hearst Publications.

An honest judge (they are scarce) advised the defense counsel for the Pittsburgh Sun-Telegraph in a pre-trial conference to seek a settlement out of court, and thus attempt to right the great wrong they had done.

Last week, the final papers arrived and ADOLPHUS HOHENSEE received a settlement which is reported to be in the high four figures, for daring to call the bluff of those treacherous members of the gang masquerading under the name of the human benefactors who use any underhanded means they can buy to do their bidding.

This is just the beginning of the successful conclusion of the other \$10,000,000 in lawsuits that ADOLPHUS HOHENSEE has in courts all over the United States, because he dares to preach a doctrine of divine living, contrary to accepted medical opinion. Kindly remember ADOLPHUS HOHENSEE in your prayers in his battle with these vicious entrenched forces.

There is a broad ribbon of highway that begins in the heart of New Orleans and winds for 3000 miles to its terminus in exciting Montreal, Canada. This ribbon is mighty U.S. Interstate Route 81, one of the most traveled all-weather highways in the U.S. Millions of Americans have followed it, coursing through the scenic Central States, the rich hills of New England, passing through the heart of many states, before arriving in Canada. Gradually the scenery begins to change. Then suddenly one emerges into "The Land of Enchantment." Wonders erupt in a blaze of color and majesty. The mighty mountains thrust themselves, tree-topped, into the unimaginable blue of the sky.

Dust and smoke have vanished from the air and the lungs drink in great draughts in heady delight. If it is wintertime, snow will cap the lofty mountains. If it is spring or summer, or fall, the unspoiled air touches the skin softly and the feeling of well-being is nowhere else equalled. But winter or summer, it is almost certain the sun will be shining in Pennsylvania, one of the sunniest, healthiest states.

Yet the great Interstate Highway 81 is just 130 miles from Philadelphia or New York City, and even less to New Jersey, Rhode Island or Massachusetts. Nowhere in this enchanting America is there a more beautiful area than the mountain-rimmed, pure-aired Hohensee Park.

To live anywhere in this vicinity is to live better. The superb climate, naturally air-conditioned in the summer and brilliantly sunny in the winter—the breath-taking beauty of a lavish Nature—the young vigor of a state that is causing an unprecedented business and investment boom—the record which shows that one lives longer, that health improvement is almost miraculous—these are the reasons that tens of thousands of Americans already have come here to live, and hundreds of thousands of others will be following in the immediate years ahead to scenic and prosperous Pennsylvania.

This is the lovely basin of lands where equipment is now at work constructing wide highways and creating easy access to the Organic Estates. Every estate will have direct access to avenues leading to major highways surrounding our property.

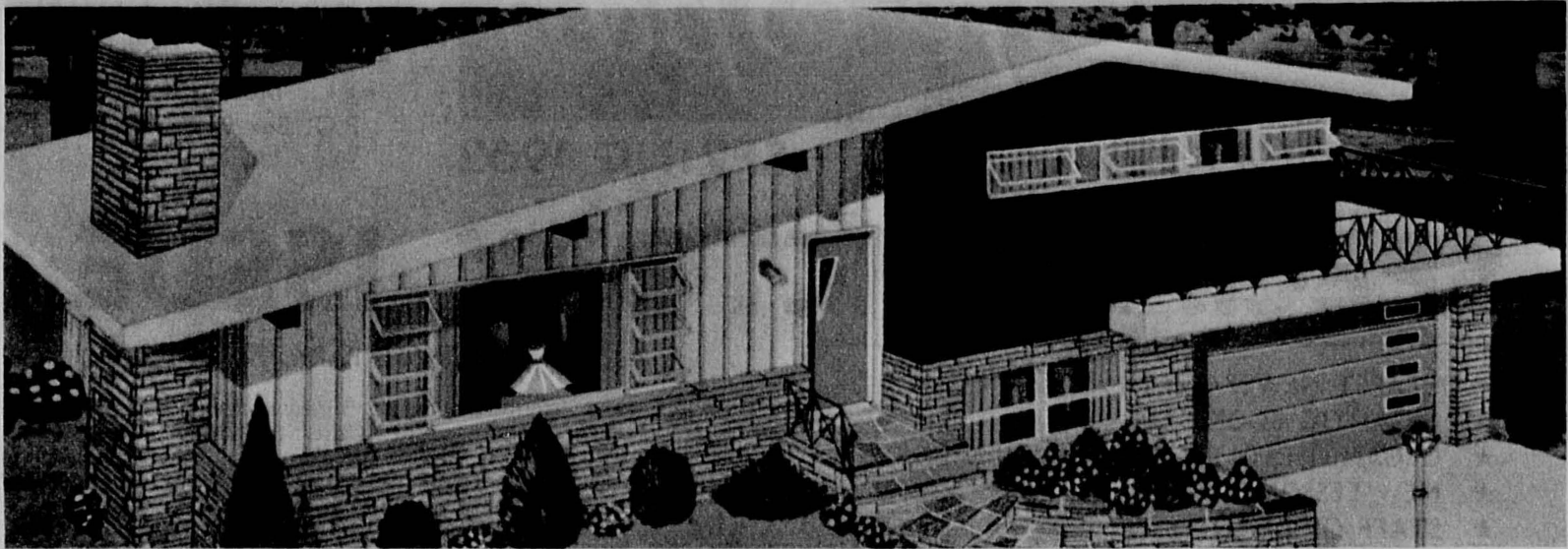
Organic Estates is blessed with soft water which is called America's finest drinking water, 99.99% pure. Home building has already begun in HOHENSEE PARK and electric lines and telephone connections await you. Schools, hospitals, churches, shops, theaters, golf courses, tennis courts—these are close by and soon our own shopping center will be ready. Fertile soil is yours for the planting, and wait until you see the stunning landscape of fields in bloom. Fruit trees—apple, peach, pear and plum—do not grow any better anywhere.

How often have you longed and wished to be able to supply your body with organically grown fruits and vegetables that have never been sprayed with DDT or any of the other 122 poisonous sprays, or contaminated with any chemical fertilizers. We must mention the herds of dairy cows, goats and sheep all fed with grains and forage produced organically. You will relish our fresh eggs and the tender poultry. We will even help you produce these on your own estate.

And the price of your Organic Estate? Just \$999 for a quarter-acre, \$100 down and \$10 monthly. That's the complete price—no extras. At this moment you may reserve as many quarter-acre sites as you wish but please bear this in mind: HOHENSEE PARK is not an enormous development and land such as this goes FAST! At these prices you may

HOHENSEE PARK, PA.

AN ORGANIC ESTATE OF YOUR OWN IN THE HEALTHY, SUNNY CLIMATE OF PENNSYLVANIA



\$999 PER QUARTER ACRE

\$100 DOWN — \$10 PER MONTH

want your ORGANIC ESTATE to be larger—one, two—even five acres. An immediate deposit will guarantee that your quarter-acres will adjoin each other (this may not be available in the near future). And you take no risk in sending your deposit. Your \$100 deposit per quarter-acre will definitely reserve your land.

FREE FREE FREE

If you reserve your ORGANIC ESTATE now, and enclose your down payment of \$100, we will grant a stay of ONE WEEK FREE at the HEALTH-A-TARIUM at EL RANCHO ADOLPHUS. This includes all expenses (room, board, etc.) LIVE LIKE A KING FOR ONE WEEK FOR EACH ESTATE, FREE.

YOUR HOME

We will be glad to help finance it.

We will even build it according to your specifications, or

You can build it and we will be glad to purchase all materials and supplies at wholesale or cost and supply you with the help and supervision for the dream home of your life.

MAIL IN THE ENCLOSED RESERVATION BLANK TODAY!

ORGANIC ESTATES—HOHENSEE PARK
P. O. Box 910—SCRANTON, PA.

Gentlemen: I wish to reserve the following site for an ORGANIC ESTATE in HOHENSEE PARK:

1/4 acre for \$999. I enclose \$100 deposit.

Name _____

Street Address _____

City and State _____

SPECIAL VICTORY ISSUE BOOK SALE

To celebrate the victory of the Hearst Newspaper paying off for their colossal blunder in doing the bidding of its advertising masters, ADOLPHUS HOHENSEE has agreed to give his students a never before heard of bargain.

After months and months of research, he has written a new booklet regarding the most important organ of the body—"YOUR HEART". Without this amazing machine, life cannot go on. In this new booklet which he has so appropriately entitled "THE HUMAN PUMP AND THE PIPES", he tells you how to care for your heart so you will never be afflicted with angina pectoris, or endocarditis, etc. He explains in detail how to deal with your blood pressure—both high and low. This book tells you the wonderful story of your circulation. How you can improve it, and how it warns you of danger signals and disease in the body. He proves

that tobacco, coffee and alcohol are dangerous to all normal body functions and how they retard the performance of the important organs in the body in carrying out Nature's routine for healthy living.

He has also revised and increased the wonderful lesson "Nature's Key To YOUTHFULNESS AND LONGEVITY," which is full of unexpected nuggets in getting on the road to happiness and health. These two new booklets you must have in your home.

NOW HEAR THIS!

Adolphus Hohensee has agreed for a limited time only, to give a 50% discount on all booklets and books. In other words, you can purchase any of the booklets listed herein for 1/2 the regular price. In addition to that, for every order for \$5.00 or more for books, Adolphus Hohensee is going to give you the above two new books absolutely FREE. In the event you need only a few of the books for a friend or relative, he will give you either of the above mentioned books FREE, one book FREE with every \$3.00 order, or 2 books FREE with every \$5.00 order, at the sacrifice reduction of only 1/2 of the regular price.

But you must act now. We have only a limited supply and we know they will go like "hot-cakes". Take advantage of this money-saving offer now and order your books today.

1. INDIGESTION OR PERFECT DIGESTION?	\$3.00
2. THE NORMAL RATION	\$2.50
3. BETTER SIGHT WITHOUT GLASSES	\$2.50
4. CONSTIPATION	\$3.00
5. MILK	\$2.00
6. HOW TO THINK AND ATTAIN SUCCESS	\$2.00
7. THE KEY TO YOUTHFULNESS AND LONGEVITY	\$3.00
8. SECRETS TO A LONGER AND HEALTHIER LIFE	\$3.00
9. ARTHRITIS — RHEUMATISM (The Cripples)	\$3.00
10. DIABETES	\$2.00
11. EFFECTS OF IMPROVED NUTRITION	\$2.50
12. LOVE, ROMANCE SEX AND SUCCESS	\$2.00
13. THE PROPER USE OF THE MIND	\$2.00
14. HIGH BLOOD PRESSURE	\$3.00
15. THE ADOLPHUS WHEEL OF LIFE	\$2.50
16. DIVINE DIET	\$3.00
17. NATURE'S FOUNTAIN OF YOUTH	\$1.00
18. BETTER EYES WITHOUT GLASSES	\$2.50
19. ADOLPHUS MASTER COOK BOOK	\$8.00
20. 20th CENTURY FOOD PREPARATION WITH ADOLPHUS TENDERIZER	\$5.00
21. ADOLPHUS BLENDOR BOOK OF RECIPES	\$5.00
22. NUTRITIONAL FOOD GUIDE	\$2.50
23. FASTING	\$3.00
24. PROPER FOOD COMBINATIONS	\$2.00
25. DISEASES OF LOWERED VITALITY	\$2.50
26. YOUR HEART AND YOU	\$2.00
27. HERB CHARM AND TRADITION	\$3.00
28. PRECIOUS FORMULAS PRESERVED	\$3.50
29. NUTRITIONAL GARDENING and ORGANIC FARMING	\$2.00
Section I — Dr. Earthworm	
30. NUTRITIONAL GARDENING and ORGANIC FARMING	\$2.00
Section II — Flee to the Mountains	
31. YOUR GLANDS ARE YOU	\$2.50
32. COURTSHIP, MARRIAGE AND SEX	\$2.00
33. PAINLESS CHILDBIRTH	\$2.00
34. THE EAR AND IMPAIRED HEARING	\$3.00
35. THE PROSTATE GLAND, CANCER, ULCERS	\$3.00
36. PSYCHOSOMATICS	\$2.00
37. PRACTICAL PSYCHOLOGY	\$2.00

38.	THINKING MAKES OR BREAKS YOU	\$2.00
39.	OUR BELIEF AFFECTS OUR HEALTH	\$3.00
40.	CHURCH DOCTRINES, TRADITIONS AND PRACTICES	\$3.00
41.	POSITIVE AND NEGATIVE THINKING	\$3.00
42.	THE PRACTICAL ASPECT OF THE NEW BIRTH	\$3.00
43.	DOES EASTER REALLY COMMEMORATE THE RESURRECTION?	\$3.00
44.	THE DAY OF REST	\$3.00
45.	THE LAWS OF PROSPERITY	\$3.00
46.	DIVINE HEALING	\$3.00
47.	MEDITATION AND PRAYER	\$3.00
48.	SECRETS OF PRESERVING YOUTH	\$3.00
49.	THE BLESSED HOPE	\$3.00
50.	THE LIVER	\$3.00
51.	BEAUTY, CHARM AND GLAMOR (4 Lessons)	\$10.00
	Lesson I Charm, Beauty and Romance Before and After 40	\$3.00
	Lesson II Obesity—The Enemy of Love and Youth	\$3.00
	Lesson III Beautiful Skin	\$3.00
	Lesson IV Your Hair Is Your Halo	\$3.00
52.	RELAX AND STOP WORRYING	\$2.00
53.	PROBLEMS OF PARALYSIS	\$3.00
54.	SEXOLOGY—Improving Your Sex Technique	\$3.00
55.	YOUR TEETH OR A MOUTHFUL OF CROCKERY	\$3.00
56.	VITAMINS, MINERALS AND VITALITY	\$2.00
57.	WORLD-WIDE ORGANIZED CONSPIRACY AGAINST YOUR HEALTH	\$3.00
58.	THE GOLDEN YEARS	\$2.00
59.	YOU ARE ADEQUATE TO ALL DEMANDS	\$2.00
60.	YOUR FEET AND YOU	\$3.00
61.	HOW TO FIND AND USE YOUR HIDDEN POWERS	\$3.00
62.	THE SECRET OF CHANGING YOUR BODY CHEMISTRY	\$3.00
63.	WILD RICE — THE MIRACLE FOOD	\$2.00
64.	THE SKIN AND ITS RELATIVE DISEASES	\$3.00
65.	HONEY — THE AMBROSIA OF THE GODS	\$3.00
66.	HAY FEVER — ITS CAUSE AND SYMPTOMS	\$3.00

ADOLPHUS THE GREAT

On mountainous paths, in a rarefied air,
We climb to the mansion inviting and fair.
A welcome awaits us from every one,
We glow from its warmth, as we bask in the sun.
Forgotten our worries, we have not a care;
We feast on a toothsome delicious fare.
The Lord of the Manor, before us we see,
From then on, forever his subjects, we be.
He straightens, and tempers what he finds askew,
He breaks down, and shatters and builds up anew.
The rafters do quake at his powerful tread,
When all these adventures take shape in his head.
He leads us through rivers and jungles of corn,
Like sheep we follow, disheveled and worn.
He rests us in meadows of grass, soft as silk,
He treats us to berries and honey and milk.
With tender cajoling his subject he saves,
The Mighty ADOLPHUS, does nothing by halves,
Now, humbly we pray to the Power above,
To bless and prosper him and his message of love.

—A Student
H. J.

STAFF OF DEATH

By Morris Bealle, Editor, Capsule News

In the year 1700, Jonathan Swift coined a phrase that has gone ringing down the years—"Bread is the staff of Life." Today, the time-worn phrase has been replaced with a most horrifying one. "Bread is the staff of Death."

When Jonathan Swift lived, wheat was a pure wholesome, perfect food. Down through the centuries, even Roman soldiers, lived off of it. Their commissary had no problems. They chewed and thoroughly masticated raw wheat berries as they marched along—and joyfully conquered the World. In those days the human race had no Big Business problem. No cartels exploiting the health of the people for the Almighty Dollar.

During the Spanish-American War, the meat trust in Chicago embalmed old rotting beef and sold it to an Army Commissary. It was fed to our unfortunate soldiers in Cuba and Florida and killed more men than Spanish bullets. No one was hanged for these mass murders. No one was sent to the penitentiary. Nobody even went to jail, so Big Business started to become bolder and bolder.

In the early 1900's, someone in the milling industry, which centers around Minneapolis, conceived the idea of selling more and more white bread by bleaching flour and "preserving" it when it had lain too long in the bins. They began to put a poison known as NITROGEN TRICHLORIDE in it. It served its purpose of making more money for the millers and bakers, but no one knows how many it killed and how much health it destroyed.

According to Merck's Index, nitrogen chloride is prepared by the action of chlorine gas (which kills instantly by mere-

ly smelling it) on ammonium salt. It is a yellow, thick, oily liquid, with a pungent odor. It decomposes in the light. It explodes when heated to 93 degrees, or is subjected to the flash of direct sunlight. It decomposes in water after twenty-four hours. It is used for removing warts and exterminating rats on ships.

The use of this deadly poison in bread became such a scandal that in 1949, after twenty-five years of inaction, the Food and Drug Administration banned its use in foodstuffs. But, it gave the millers six months to use up all the stock it had on hand, and the chemical makers six months to sell their stock on hand. Then, to preserve the Food Trust's profits, they permitted (and still permit) chlorine gas to be used as a bleaching agent, in addition to chlorine dioxide, benzoyl peroxide and hydrogen peroxide.

Chlorine gas was used by the Germans in World War I as a surprise weapon. Thousands of British soldiers were quickly killed by breathing the "strange cloud of vapor" which the enemy pumped over into the British trenches from hose nozzles. This is now put into your white bread by Big Business with the connivance of the U. S. Food and Drug Administration which was created by Congress to protect the public against consuming such things.

The only place you can be safe from it is in health food stores (which the Food and Drug Administration is actually trying to put out of business). Even better than ever buying any bread, you should make your own of pure whole wheat, honey and prepare it in the ADOLPHUS TENDERIZER.

Potassium bromate and calcium permoxide are used by bakers as a "dough conditioner" with the permission of the Food and Drug Administration. There must have been something wrong with the dough to begin with, if it had to be "conditioned" before it could be sold.

It is time the American Populace rose in revolt against these tactics brought about by the FDA which instead of protecting the health of the American people, destroys it by permitting greedy Big Business to slowly poison the human race in order to line their pockets with the tainted loot.

FUNDAMENTALS OF FUNDAMENTALS

Many people make a serious mistake in assuming that their bodies are their own, to do with as they desire. Our Creator lends bodies to individuals during their short stay on this earth, so that we may express ourselves physically, emotionally, mentally and spiritually.

For this loan, like any other kind of loan, our Creator demands payment. But this payment, unlike that of any other financial obligation is very reasonable. The payment consists of diligent care and nourishing of these bodies in full conformity of the terms and conditions as outlined by our Creator in the Holy Scriptures. These laws have been known throughout the ages as natural laws!

Man throughout the ages has taken delight in his attempt to break these laws. No man can break the divinely created laws of God. He may violate them, but he cannot break them.

Every so often you read in the newspapers of someone that took a notion to break the law of gravity by jumping out of a twenty-story building. None of these individuals have ever broken the law of gravity. They have just violated the law of gravity, with the result that they broke most every bone in their body when they hit the sidewalk.

No man, no matter how hard he may try, can escape his vital relation to the universe as it is forever fixed by these laws. Man with all of his might cannot change or alter them. These laws are absolutely non-yielding and are constantly and vigorously enforced by powers beyond any man's control. Ignorance of these laws has never been, nor will ever be accepted as an excuse for breaking them. Remember, every time you break these laws you must pay. There isn't any escape or any chance of not being caught. You will be penalized by worry, disease, fear, confusion, discontent, insecurity, anger, insanity and a broken life. God may even cancel the loan and recall the body early in life. And then you head for the underground bungalow.

Conformity to these laws always brings its own rewards. As proof of the above statement—

"My son forget not My law; but let thine heart keep My commandments for length of days and long life, and peace shall they add to thee."—Proverbs 3: 1 and 2

EL RANCHO ADOLPHUS

In the Blue Ridge Mountains in Northeastern Pennsylvania, there is a 1,250 acre Garden of Eden, known as EL RANCHO ADOLPHUS, located in HOHENSEE PARK.

This evergreen land is virtually a paradise on earth. Can you think of any other place in the world today where man and animal can go about unfettered by the city's complexities and diseases—where the true law of Nature is the dominating force?

Perhaps you were under the impression that such a place existed only in the minds of men—a place called Utopia, but you were wrong. One man, ADOLPHUS HOHENSEE, dared to go further and made this idea a realization, a dream come true!

Each season at EL RANCHO ADOLPHUS has its own peculiar charm. It is just approaching spring now, and it is the mating season everywhere. The fields are dotted with

deer and squirrels darting here and there, for they know this is the time when the voice of the turtle is heard in the land. All around you can see the pure bred golden Guernsey, stately Fresian Holstein, affectionate Jersey and picturesque Ayrshire cattle.



The peaceful beauty of the meadows, flecked with playful goats, is a symbol of rural living at its best.

The swimming pool, comfortable rooms, delicious food and the services of competent counsellors on diet, etc., are but a few of the highlights of a visit to EL RANCHO ADOLPHUS. Our pool and lake, unlike others, contain no chemicals of any kind, and are constantly fed by pure mountain spring water.

It is almost impossible to find appropriate words to describe spring and summer with all of its breathtaking loveliness, where the green verdure of the forests is constantly changing into glorious flaming red and gold spectacular.

No artist, regardless of his talent, could do justice to God as he splashes His paintbrush around the countryside. And each season seems more lovely than the last.

At the Ranch it is inspiring to hear the stories of individuals who have come from far and near, seeking an answer to their physical problems. Some have endured years of pain, while others have resorted to drugs and even surgery. Here they learn that the human body is

Self-adjusting

Self-regulating

Self-rebuilding

and that Nature will perform miracles if we supply our bodies with the proper nutrients and a refreshing environment.



To make sure that each guest will receive the finest attention, the service of a competent Chiropractor, Naturopath and even a health-minded Medical Doctor are available. These men are all well schooled in modern nutritional science.

SPECIAL DIETS

I wish it were possible to tell you of the magical diets arranged by the founder of the institution, ADOLPHUS HOHENSEE, and members of his staff. They seem to have un-

raveled the mystery of not only combining certain fruits, vegetables and nutritious plants, but they have also been able to reveal the secret of blending essential juices to expedite Nature's rejuvenating processes.

NEW HIGHWAY

At EL RANCHO ADOLPHUS, in HOHENSEE PARK, the new Penn-Can Highway is now open. With two entrances and exits on the Ranch property, this super thru-way has two twenty-four foot lanes and a forty-seven foot esplanade in the center. The most modern highway in the United States has made the Ranch easily accessible from anywhere.

MIRACLES WROUGHT AT EL RANCHO ADOLPHUS

Many who are afflicted with a particular painful ailment come to the Ranch seeking physical relief. Tired bodies have been rebuilt, while various diseases which mankind has fallen heir to, have been healed by Nature. Others, searching for an ideal vacation spot, find that there is none that surpasses EL RANCHO ADOLPHUS, the Home of SCIENTIFIC LIVING, INC.

After only a few days at EL RANCHO ADOLPHUS you will notice a difference. Your step will be lighter, your outlook brighter and life will again be worth living. Don't you think it's time you stopped existing and started living again? ? ? ? ?

BEAUTIFUL NEW HOMES

NOW UNDER CONSTRUCTION

Many came to EL RANCHO ADOLPHUS with the intention of staying for only a few days or weeks, but decided to become a permanent part of this Health Community. The beautiful new homes in HOHENSEE PARK are now filling up. Homesite owners are now planning their new health homes. In so doing, they will now reap the wonderful benefits of the health-giving organically grown food and invigorating air — just two of the many qualities of EL RANCHO ADOLPHUS.

COMPLETE RECREATIONAL FACILITIES

This year, EL RANCHO ADOLPHUS has more to offer than ever before. The cooperation of each and every student has made it possible for us to complete our wide range of activities. Added to our staff is a very competent Social Director to cater to each and every one of your whims and fancies. Hikes to points of interest, picnic parties in the quiet, cool outdoor, Bar B-Q's, swimming parties, health instructions, volley ball, shuffleboard, indoor games, nature study with field trips and many other activities too numerous to mention.

Streams stocked with trout and pickerel provide splendid fishing. Golf courses are only minutes away. Many acres are devoted to beautiful spacious lawns covered by scenic shade trees. The several hundred acres of farm lands and virgin forests assure the purest of air, rich in ozone, plus abundant sunshine.

Because of his generosity and thoughtfulness for mankind, ADOLPHUS HOHENSEE has shared his knowledge of the triumphant way of life with those who are intelligent enough to realize that this is the SCIENTIFIC WAY OF LIVING. This is the way to enjoy abundant life and to attain the happiness that Almighty God has decreed to be ours.

PLANNING A VACATION?

If you are one of the millions of Americans who are now planning their spring and summer vacation, may we suggest for the most wonderful relaxing, interesting, enlightening and different experience of your life that you fill out the enclosed coupon for free information regarding a vacation at EL RANCHO ADOLPHUS. We guarantee you that this is one you will never forget, and you will want to return again and again.

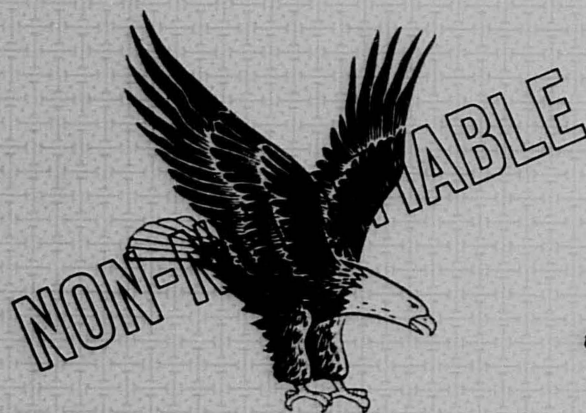
Each year, hundreds are disappointed because they waited too long before sending their reservations. Even though your plans may be tentative now, we welcome your reservation, subject to change, in order that we may be able to accommodate you when you are ready to join us. Our facilities are at your disposal.

P. S. If possible, arrange to be present for the two week Special Health Seminar and Nutritional Conference, beginning June 3, 1962.

DESCRIPTION

**THIS NON-TRANSFERABLE CERTIFICATE HAS BEEN ISSUED FOR
FULL AND EXCLUSIVE USE OF THE PERSON HEREON NAMED**

DETACH THIS STUB AS YOUR RECORD BEFORE RETURNING THE CERTIFICATE TO SCIENTIFIC LIVING, Inc.



Special Savings Certificate

Scientific Living Inc.

HOHENSEE PARK, PA. May 9, 1962

will allow the sum of THE SUM *** \$ 0 00 \$ 0 00 CTS

NOT REDEEMABLE FOR CASH—VALID ONLY AS DESCRIBED BELOW

TO:

THIS CERTIFICATE WHEN RETURNED TO SCIENTIFIC LIVING, Inc. WILL BE ACCEPTED IN THE FULL AMOUNT SHOWN HEREON AS PAYMENT IN FULL FOR one blender

PROVIDING IT IS ACCOMPANIED BY 3 PAYMENTS OF 30.00 TO BE APPLIED ON tenderizer PURCHASED BY ME.

Frances J. Nash
36 Nash Street
Buffalo 4, N. Y.

THIS CERTIFICATE WHEN
RETURNED WITH 3 PAST
DUE PAYMENTS OF 30
WILL ENTITLE THE HOLDER
WHOSE NAME APPEARS
HEREON TO ONE

Blender
ABSOLUTELY FREE

MY 3 PAYMENTS OF 30.00 ARE ENCLOSED
SAME TO BE CREDITED ON PAST DUE PAYMENTS OF MY Tenderizer

DO NOT FOLD, SPINDLE OR MUTILATE

BY

John J. Kuzik
SECRETARY

SECRETARY



El Rancho Adolphus
HOME OF
SCIENTIFIC LIVING INC.

P. O. BOX 910, SCRANTON, PA.
TELEPHONE: CHAPMAN LAKE 12

May 9, 1962

Frances J. Nash
36 Nash Street
Buffalo 4, N. Y.

Dear Madam:

The auditor in checking our books has called your Tenderizer account to my attention. Our records show your last payment was made in November. If this is incorrect kindly advise us to that extent.

We have been holding your ADOLPHUS TENDERIZER for these many months. How you have managed to struggle along without it in trying to provide both yourself and your family with nourishing food properly prepared is difficult for us here at home base to understand.

We all have learned that when we supply our precious bodies with food properly prepared all diseases seem to vanish. There is nothing that is closer to my heart than trying to persuade every one of my students to obtain the proper food so they may enjoy a life without sickness of any kind. We all know that our bodies are:

Self-Adjusting
Self-Regulating
Self-Repairing

Food plays a Major role in acquiring ABUNDANT HEALTH.

To attain this state of perfection you should have your TENDERIZER: I AM GOING TO HELP YOU. If this work was supported with tax funds or endowments like all the medical schools and hospitals are, our task would be easy; unfortunately such is not the case. Our work is not endowed by anyone, what is even worse, we are forced to spend large sums of money plus endless hours in court fighting the Medical and Drug Trusts that oppose anything that has a tendency to safe guard you and your family's health.

If you will send in three or more payments, within 3 days of the time you receive this letter, I will ship to you free of charge our famous heavy duty blender. This Blender sells for \$49.95. If you already have a Blender you can sell it to a friend or neighbor and put the money in your pocket. You keep all of it. The Blender is a gift from me to you to help you pay for your ADOLPHUS TENDERIZER.

Just return the enclosed special gift certificate with a check or money order in the sum of \$30.00. The full \$30.00 will be credited to your Tenderizer account; or maybe you want to send in the total balance of 150.99, then we can ship your Tenderizer at once.

Please let us hear from you immediately.

With every good wish for the best in Health, Success and Happiness, we are

Sincerely,

A. Hohensee
A. HOHENSEE



El Rancho Adolphus
HOME OF
SCIENTIFIC LIVING INC.

HOHENSEE PARK, PA.
P. O. BOX 910, SCRANTON, PA.
Telephone—Chapman Lake, Clearbrook 4-9414

April 10, 1962

Miss Frances J. Nash
36 Nash Street
Buffalo 4, New York

Dear Madame:

This will acknowledge your letter of April 4, 1962.

Scientific Living, Inc. is a militant organization dedicated to spreading the Gospel of Health that people may know the Laws of God. All merchandising is done to help support this over-all purpose to which ADOLPHUS HOHENSEE has dedicated his life.

In view of these facts, we cannot make changes in contracts; such as transfers of funds from one contract to another, cancellations and refunds when people change their minds about the contracts they have entered into and signed. Our commitments are based on our contracts, to discharge our obligations, we must depend on those people that have signed contracts to comply with the terms and conditions of same.

We are sorry that we cannot accommodate our friends in this way. However, if you are having a bit of financial difficulty, we shall be glad to cooperate with you to the fullest extent and allow you as much time as is needed until you are able to continue your payments in accordance with your contract.

"ADDRESS ALL CORRESPONDENCE TO THE FIRM"

page 2
April 10, 1962
John J. Kozik

I am sure that with this explanation, you will agree to cooperate with us in this matter, and that our friendly relationship will be strengthened by this understanding.

Assuring you of our desire to be of service to you at all times, we are.

Sincerely,

John J. Kozik
JOHN J. KOZIK
Office Manager

JK/bjd

frances msa

A FRIENDLY REMINDER

Date *4/11/62*.....

Your payment for the month of *January*.....on your
tenderizer.....is past due. We would appreciate your payment by
return mail. Please advise if there is any change in address.

Purchase Price *200.99*

Less Payments *50.00*

Balance Due *150.99*

IF PAYMENT HAS BEEN
SENT, PLEASE IGNORE
THIS NOTICE.

Very truly yours,

SCIENTIFIC LIVING, INC.
P. O. Box 910, Scranton, Pa.